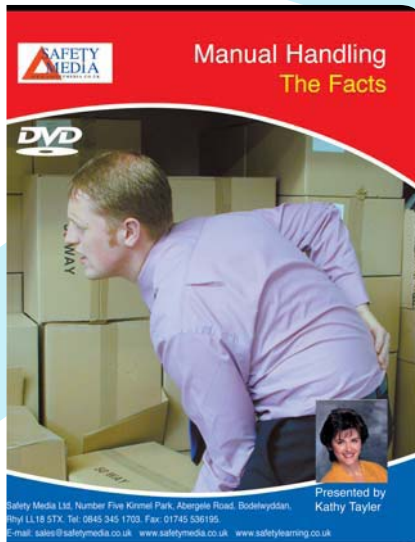


Manual Handling - The Facts

 
Running Time: 12 minutes



Lifting and handling is something we do everyday but most of the time we don't think about the risks and the damage that we could do to ourselves. This DVD/Video is the essential guide to the manual handling process for your workforce.

This title covers:

- Correct lifting procedures
- The most common causes of manual handling injuries
- Facts and figures of manual handling injuries
- How to avoid injuries and be safe at work
- Establishes the main points involved in a manual handling exercise
- Breaks the exercise down into understandable reminders
- The importance of a safe handling process
- Advice on the correct method to lift, carry, push and pull objects

 **CLICK TO
ORDER NOW**

DVD Video
ONLY £139

This title is designed to encourage workers in all business sectors and industries to carry out their lifting and handling tasks safely. This DVD/Video also points out some of the factors that can increase the risk of an accident when carrying out manual handling tasks.

The pack comes complete with 50 Manual Handling Assessment Forms and 10 Manual Handling Training Booklets.

"An excellent aid for training staff on safe manual handling techniques, the video is also good value for money"

Safety Management Magazine

"This concise and well presented video is professionally and engagingly narrated by Selina Scott. The production is a high quality and importantly in this subject area, is well up-to-date"

Health and Safety at Work Magazine

Legislation:

This title will help you to identify and evaluate potential lifting hazards and encourage the viewer to comply with the **Manual Handling Regulations 1992**.

These Regulations provide a hierarchy of measures which must be followed, including:

- Avoiding hazardous manual handling operations that cannot be avoided;
and
- Reducing the risk of injury so far as is reasonably practicable.

Relating Products:

This DVD/Video is also available in a Multi-Lingual version, with 20 subtitled languages.

The Manual Handling Assessment Forms enable the user to identify the four key areas of manual handling; The Task, The Load, The Working Environment and The Capabilities of the Individual. Further Forms can be bought for as little as £14.99

Training Booklets are an ideal way of reinforcing your Manual Handling training once session has finished. The booklets break the manual handling exercise into a simple step-by-step guide and help the reader to identify different manual handling techniques. Further booklets can be bought for as little as £29.50 for a pack of 20 booklets.

Buy the Video or DVD and when the title is updated in the future you can purchase an upgrade for only £45 (Plus P&P and VAT).