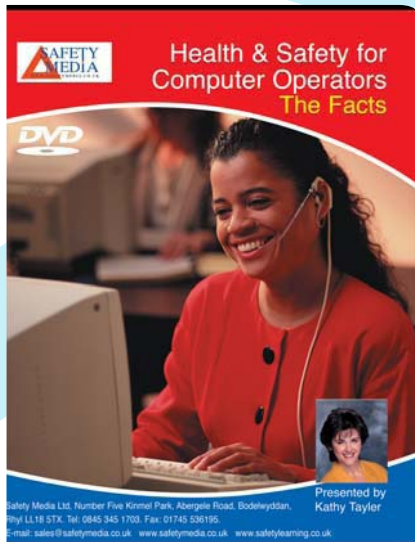


# Health & Safety for Computer Operators - The Facts



Running Time: 12 minutes



A comprehensive title covering both the legal aspects from the employer's point of view and the physical dangers for the employee.

This title covers:

- Legal aspects for employers
- Physical dangers affecting the employee
- Long and short-term injuries
- How to correctly set-up a workstation to avoid injury
- Do's and Don'ts of VDU operation
- How to avoid hazards

This title is designed to provide Display Screen Equipment users with simple advice on how to use computer equipment safely. It features the main hazards posed by using DSE and how to avoid them.

 **CLICK TO  
ORDER NOW**  
**DVD Video**  
**ONLY £139**

This Video/DVD focuses on how to adjust the position of the keyboard and screen to achieve a comfortable working position. It also contains useful guidance on how to reduce the risk of visual fatigue when using DSE.

The pack comes complete with 50 VDU Workstation Checklist Forms and 10 Health & Safety for Computer Operators Training Booklets.

*"In addition, the video contains useful guidance on how to reduce the risk of physical fatigue when using DSE... A useful aid for training staff to work safely with DSE..."*

Safety Management Magazine

*"Overall, this is a good, honest package that covers the basics in a slick and easy-to-understand way."*

Health & Safety at Work Magazine

## Legislation:

This title is designed to highlight the possible hazards in VDU operations and features ways to make your VDU working environment safer and less of a health risk to you and your employees. This title reflects "best practice" as outlined in the **Display Screen Regulations 1992**, which states the minimum requirements of employers.

## Relating Products:

The Health & Safety for Computer Operators Training Booklets will reinforce the content of the Video/DVD and is designed to highlight the possible hazards in VDU operation, and suggests some of the ways that you could make the VDU working environment safer and less of a health risk for your employees. Booklets can be bought for as little as £29.50 for a pack of 20 booklets.

The VDU Workstation Assessment Forms provide a checklist for assessing the safety of each workstation. The forms include environmental issues such as Lighting and Noise. Further Assessment Forms can be bought for only £14.99.

Buy the Video/DVD and when the title is updated in the future you can purchase an upgrade for only £45 (Plus P&P and VAT).